

Sunday May 3, 2026

What Are You Focused On?

Discussion Questions

- 1) Have you ever run into something because you weren't focused on where you were going?
- 2) In your day-to-day life, what do you tend to focus on most—tasks, outcomes, or something else? Why?
- 3) When you think about your spiritual life, do you tend to focus more on what you're doing or where you're going? Why?
- 4) In his Epistle to the Galatians 5:1–5, Paul contrasts the law (circumcision) with Christ. Paul uses the term circumcision as a representation of salvation by good works. What do you think “circumcision” represents in your own life today?
- 5) Why do you think it's so easy to drift back into rule-following instead of focusing on Christ?
- 6) Have you ever felt like your relationship with God became more about “doing the right things” than actually knowing Him? What did that look like?
- 7) Why is “being” often harder than “doing”? What makes trust and faith challenging in this context?
- 8) How can spiritual disciplines (prayer, Scripture, serving, etc.) help us become more like Christ without turning into a checklist?
- 9) Have you ever met someone who “looked like Jesus” in the way they lived? What stood out about them?
- 10) What does it mean to you that “Christ has set us free”? Free from what, exactly?
- 11) What is one practical way you can shift your focus back to Christ this week?
- 12) How might your relationships change if you truly saw others with God's eyes?